



503-772-3297

Intense Pulsed Light (IPL) & Isolaz Pre/Post Treatment Care:

Before Treatment:

- Limit sun exposure, tanning beds and spray tans for two weeks prior to treatment.
- Discontinue use of topical creams such as Retinol, Hydroquinone, Tretinoin or other skin lightening creams unless directed by physician.
- You may pre-treat with Advil or Ibuprofen one hour prior to appointment.
- If possible avoid waxing one week prior to and following treatment.
- Please come in with a clean face, free of all makeup. Alternatively, you may wash your face when you arrive prior to checking in.

After your Treatment:

- *Avoid all contact to the treatment area aside from application of skin care products as recommended by your provider.*
- You may experience a sun-burn like sensation, redness or swelling during the next 24 hours though most patients return to work or normal activities immediately after treatment.
- Please contact the clinic if you experience increasing redness, pain, broken areas of skin or other concerning changes.

Intense Pulsed Laser Treatment is NOT recommended if:

- You have tanned skin (active or passive)
- You have taken Accutane in the last 6 months
- You have had prolonged exposure to sun or tanning beds/spray tans in the last 2 weeks
- You currently use any photosensitive medications such as Retinol, Tretinoin, Hydroquinone, or are on certain antibiotics.
- You are pregnant

If you have had any form of skin cancer please discuss this with Dr. Norcom or your treatment provider prior to your treatment.