

Bridgeport Laser & Wellness Center

Accent Patient Instructions

Post-Treatment

- Gently clean the treatment oil from the skin surface and dry it.
- Patient should drink two glasses of water immediately after the treatment.
- It is recommended to drink a lot of water (at least 8-10 cups a day) for three days following the treatment.
- It is recommended not to wash the face with hot water for 24 hours after treatment.
- It is recommended to avoid excessive exercise, sweating, hot baths or saunas for three days after the treatment.
- It is recommended to avoid consumption of alcoholic drinks for three days after treatment (alcohol might drain water from the body and skin).
- In order to maintain the treatment results, it is highly recommended to apply a moisturizing cream to the treatment area every day.

Follow-Up

- Daily skin hydration with a moisturizing cream
- Patient should drink plenty of fluids for 2-3 days after the treatment.
- Make-up can be applied 2 hours after the treatment
- Repeat the treatment every 1-2 weeks
- The number of treatment may vary according to the degree of skin irregularity, patient age, skin condition, smoking history, medical history and medications

Contraindications

- History of cancer
- History of any skin malignancy
- Pregnancy (including IVF)
- Active collagen / vascular disease
- Phlebitis and blood-clotting
- Past or present autoimmune illness / disorder
- Multi-systemic diseases (diabetes, hypertension, coronary artery disease, renal insufficiency, etc.)
- Implantable pacemaker or automatic defibrillator / cardioverter (AICD)
- Large dental metallic prosthetic implants
- Chronic skin conditions / irritated skin (i.e. Urticaria)
- Less than 1 year use of Accutane
- High blood pressure

Special Considerations:

* Smoking

* Dental metallic structure (i.e. bridge)

* Alcohol Consumption

* Recent surgical procedures

* On-going medications